



# TORONTO ZEN CENTRE SECOND QUARTER 2026

SITTINGS: Monday to Friday 6:00–7:00 a.m. | Sundays 9–11:45 a.m. | Tuesdays & Thursdays 6:30 - 8:00 p.m.  
**Dokusan:** Tuesdays PM, Thursdays AM | **Private Instruction:** Wednesdays AM, Bi-monthly

APRIL

MAY

JUNE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4 Workday
5 Workday	6 FINDING YOUR SEAT	7 TEMPLE NIGHT	8 Private Instruction (AM)	9 TEMPLE NIGHT	10	11 Jukai Workday
12 JUKAI 	13 ZC Closed	14	15	16	17	18
19 Taped Teisho	20 Metta 1	21	22	23	24	25
VERMONT 7-Day Sesshin (4/18–4/25) Application deadline—March 28						
26 Taped Teisho	27 Metta 2	28	29 Private Instruction (AM)	30 Famine Relief Ceremony		
					1 Workshop Set up (AM)	2 WORKSHOP
3 ROSHI KAPLEAU MEMORIAL EXTENDED SITTING	4 Metta 3	5	6 FINDING YOUR SEAT	7	8	9 Roshi on Break (5/4–5/20)
10	11 Metta 4	12	13	14	15	16 Roshi on Break (5/4–5/20)
17 Taped Teisho	18 Victoria Day (Holiday) ZC Closed	19 Roshi on Break (5/4–5/20)	20	21	22	23 Sangha Dinner 5:30 p.m.
24 ANNUAL SANGHA MEETING	25 Metta 5	26	27 Private Instruction (AM)	28	29 Sesshin Deadline	30 Vesak Workday
31 VESAK 						
	1 ZC Closed Metta 6	2	3	4 Sitting & Set up	5	6 WORKSHOP
7 TEISHO	8 FINDING YOUR SEAT	9	10	11	12	13 Roshi Away—AZTA (6/10–6/14)
14 Set up for Work Sesshin Roshi Away	15	16	17 Private Instruction (AM)	18	19	20 Garden Work Weekend (6/18–6/21)
21 Garden	22	23	24	25 ZC Closed	26	27 ZC Closed
28 ZC Closed	29 ZC Closed	30 ZC Closed	31 Canada Day ZC Closed			